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| 2. **Title**: Spindle frequencies in sleep EEG show U-shape within first four NREM sleep episodes  
**Author(s):** Himanen, SL; Virkkala, J; Huhtala, H; et al.  
**Source**: JOURNAL OF SLEEP RESEARCH  
**Volume**: 11  
**Issue**: 1  
**Pages**: 35-42  
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| 3. **Title**: A controlled intervention study on the effects of a very rapidly forward rotating shift system on sleep-wakefulness and well-being among young and elderly shift workers  
**Author(s):** Harma, M; Tarja, H; Irja, K; et al.  
**Conference**: Colloquium on From Mental Workload to Stress - Insights from Psychological and Psychophysiological Research  
**Location**: Berlin, GERMANY  
**Date**: NOV 18, 2004  
**Sponsor(s)**: Fed Inst Occupat Safety & Hlth  
**Source**: INTERNATIONAL JOURNAL OF PSYCHOPHYSIOLOGY  
**Volume**: 59  
**Issue**: 1  
**Pages**: 70-79  
**DOI**: 10.1016/j.ijspsycho.2005.08.005  
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| 4. **Title**: Recovery of cognitive performance from sleep debt: Do a short rest pause and a single recovery night help?  
**Author(s)**: Sallinen, Mikael; Holm, Anu; Hiltunen, Jaana; et al.  
**Time Location**: Yeppoon, AUSTRALIA  
**Date**: AUG, 2007  
**Source**: CHRONOBIOLOGY INTERNATIONAL  
**Volume**: 25  
**Issue**: 2-3  
**Pages**: 279-296  
**DOI**: 10.1080/07420520802107106  
**Published**: 2008 |                                                                                   |                                             | 2008   | 2009  | 2010 | 2011 | 2012 | 741 | **4.00** | 1   | 8   | 8   | 1   | 2   | **20** | **4.00** |
| 5. **Title**: Sleepiness in various shift combinations of irregular shift systems  
**Author(s)**: Sallinen, M; Harma, M; Mutanen, P; et al.  
**Source**: INDUSTRIAL HEALTH  
**Volume**: 43  
**Issue**: 1  
**Pages**: 114-122  
**DOI**: 10.2486/indhealth.43.114  
**Published**: JAN 2005 |                                                                                   |                                             | 2008   | 2009  | 2010 | 2011 | 2012 | 741 | **2.50** | 2   | 2   | 6   | 3   | 3   | **20** | **2.50** |
| 6. **Title**: Automatic sleep stage classification using two-channel electro-oculography  
**Author(s)**: Virkkala, Jussi; Hasan, Joel; Varri, Alpo; et al.  
**Source**: JOURNAL OF NEUROSCIENCE METHODS  
**Volume**: 166  
**Issue**: 1  
**Pages**: 109-115  
**DOI**: 10.1016/j.jneumeth.2007.06.016  
**Published**: OCT 15 2007 |                                                                                   |                                             | 2008   | 2009  | 2010 | 2011 | 2012 | 741 | **3.17** | 3   | 4   | 4   | 4   | 4   | **19** | **3.17** |
| 7. **Title**: The effects of sleep debt and monotonous work on sleepiness and performance during a 12-h dayshift  
**Author(s)**: Sallinen, M; Harma, M; Akila, R; et al.  
**Source**: JOURNAL OF SLEEP RESEARCH  
**Volume**: 13  
**Issue**: 4  
**Pages**: 285-294  
**DOI**: 10.1111/j.1365-2869.2004.00425.x  
**Published**: DEC 2004 |                                                                                   |                                             | 2008   | 2009  | 2010 | 2011 | 2012 | 741 | **1.89** | 2   | 2   | 6   | 0   | 1   | **17** | **1.89** |
| 8. **Title**: Effect of a single-dose of olanzapine on sleep in healthy females and males  
**Author(s)**: Lindberg, N; Virkkunen, M; Tani, R; et al.  
**Source**: INTERNATIONAL CLINICAL PSYCHOPHARMACOLOGY  
**Volume**: 17  
**Issue**: 4  
**Pages**: 177-184  
**DOI**: 10.1097/00004850-200207000-00004  
**Published**: JUL 2002 |                                                                                   |                                             | 2008   | 2009  | 2010 | 2011 | 2012 | 741 | **1.55** | 1   | 1   | 2   | 3   | 2   | **17** | **1.55** |
| 9. **Title**: Interaction of age with shift-related sleep-wakefulness, sleepiness, performance, and social life  
**Author(s)**: Bonnefond, A; Harma, M; Hakola, T; et al.  
**Source**: EXPERIMENTAL AGING RESEARCH  
**Volume**: 32  
**Issue**: 2  
**Pages**: 185-208  
**DOI**: 10.1080/03610730600553968  
**Published**: APR-JUN 2006 |                                                                                   |                                             | 2008   | 2009  | 2010 | 2011 | 2012 | 741 | **2.29** | 5   | 1   | 1   | 4   | 3   | **16** | **2.29** |
15. Title: Measurement of GABA(A) receptor binding in vivo with [C-11] flumazenil: A test-retest study in healthy subjects
   Author(s): Salmi, Elina; Aalto, Sargo; Hirvonen, Jussi; et al.

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   70 73 88 71 42 741 52.93

16. Title: Sleep in young adults with Asperger syndrome
   Author(s): Tani, P; Lindberg, N; Nieminen-von Wendt, T; et al.
   Source: NEUROPSYCHOBIOLOGY  Volume: 50  Issue: 2  Pages: 147-152  DOI: 10.1159/000079106  Published: 2004

17. Title: Detection of compressed tracheal sound patterns with large amplitude variation during sleep
   Author(s): Kulkas, A.; Rauhala, E.; Huupponen, E.; et al.

18. Title: The use of two-channel electro-oculography in automatic election of unintentional sleep onset
   Author(s): Virkkala, Jussi; Hasan, Joel; Varri, Alpo; et al.

19. Title: Spindle frequency remains slow in sleep apnea patients throughout the night
   Author(s): Himanen, SL; Virkkala, J; Huupponen, E; et al.

20. Title: New tracheal sound feature for apnoea analysis
   Author(s): Kulkas, A.; Huupponen, E.; Virkkala, J.; et al.

21. Title: Automatic detection of slow wave sleep using two channel electro-oculography
   Author(s): Virkkala, Jussi; Hasan, Joel; Varri, Alpo; et al.

22. Title: Automated frequency analysis of synchronous and diffuse sleep spindles
   Author(s): Huupponen, E; Saastamoinen, A; Niemi, J; et al.
   Source: NEUROPSYCHOBIOLOGY  Volume: 51  Issue: 4  Pages: 256-264  DOI: 10.1159/000085821  Published: 2005

23. Title: Visual assessment of selected high amplitude frontopolar slow waves of sleep: Differences between healthy subjects and apnea patients
   Author(s): Himanen, SL; Joutsen, A; Virkkala, J
   Source: CLINICAL EEG AND NEUROSCIENCE  Volume: 35  Issue: 3  Pages: 125-131  Published: JUL 2004

   Author(s): Hirvonen, Jussi; Aalto, Sargo; Hagelberg, Nora; et al.
   Source: EUROPEAN JOURNAL OF NUCLEAR MEDICINE AND MOLECULAR IMAGING  Volume: 36  Issue: 2  Pages: 275-286  DOI: 10.1007/s00259-008-0935-6  Published: FEB 2009
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<td>1. Title: Sleep restriction for the duration of a work week impairs multitasking performance</td>
<td>Author(s): Haavisto, Marja-Leena; Porkka-Heiskanen, Tarja; Hublin, Christer; et al.</td>
<td>Source: JOURNAL OF SLEEP RESEARCH Volume: 19 Issue: 3 Pages: 444-454 DOI: 10.1111/j.1365-2869.2010.00823.x Published: SEP 2010</td>
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<td>2. Title: AutoCPAP initiation at home: Optimal trial duration and cost-effectiveness</td>
<td>Author(s): Bachour, Adel; Virkkala, Jussi T.; Maasilta, Paula K.</td>
<td>Source: SLEEP MEDICINE Volume: 8 Issue: 7-8 Pages: 704-710 DOI: 10.1016/j.sleep.2007.01.010 Published: NOV 2007</td>
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<td>3. Title: Whole-body impedance recording - a practical method for the diagnosis of sleep apnoea</td>
<td>Author(s): Saarelainen, S; Himanen, SL; Hasan, J; et al.</td>
<td>Source: CLINICAL PHYSIOLOGY AND FUNCTIONAL IMAGING Volume: 23 Issue: 2 Pages: 110-113 DOI: 10.1046/j.1475-097X.2003.00480.x Published: MAR 2003</td>
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<td>4. Title: Occurrence of periodic sleep spindles within and across non-REM sleep episodes</td>
<td>Author(s): Himanen, L; Virkkala, J; Huupponen, E; et al.</td>
<td>Source: NEUROPSYCHOBIOLOGY Volume: 48 Issue: 4 Pages: 209-216 DOI: 10.1159/000074639 Published: 2003</td>
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<td>5. Title: Intelligent methods for identifying respiratory cycle phases from tracheal sound signal during sleep</td>
<td>Author(s): Kulkas, A.; Huupponen, E.; Virkkala, J.; et al.</td>
<td>Source: COMPUTERS IN BIOLOGY AND MEDICINE Volume: 39 Issue: 11 Pages: 1000-1005 DOI: 10.1016/j.compbiomed.2009.07.014 Published: NOV 2009</td>
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<td>6. Title: Is Asperger syndrome associated with abnormal nocturnal motor phenomena?</td>
<td>Author(s): Tani, Pekka; Tuisku, Katinka; Lindberg, Nina; et al.</td>
<td>Source: PSYCHIATRY AND CLINICAL NEUROSCIENCES Volume: 60 Issue: 4 Pages: 527-528 DOI: 10.1111/j.1440-1819.2006.01542.x Published: AUG 2006</td>
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<td>7. Title: The relationship between audiogenic seizure (AGS) susceptibility and forebrain tone-responsiveness in genetically AGS-prone Wistar rats</td>
<td>Author(s): Valjakka, A; Jaakkola, M; Vartiainen, J; et al.</td>
<td>Source: PHYSIOLOGY &amp; BEHAVIOR Volume: 70 Issue: 3-4 Pages: 297-309 DOI: 10.1016/S0031-9384(00)00260-2 Published: AUG-SEP 2000</td>
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<td>8. Title: Lack of calbindin-d28k does not affect hearing level or survival of hair cells in acoustic trauma</td>
<td>Author(s): Airaksinen, L; Virkkala, J; Aarnisalo, A; et al.</td>
<td>Source: ORL-JOURNAL FOR OTO-RHINO-LARYNGOLOGY AND ITS RELATED SPECIALTIES Volume: 62 Issue: 1 Pages: 9-12 DOI: 10.1159/000027708 Published: JAN-FEB 2000</td>
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<td>10. Title: Sleep in conduct-disordered adolescents - a polysomnographic and spectral power analysis study</td>
<td>Lindberg, Nina; Tani, Peeka; Sallas, Eila; et al.</td>
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<td>11. Title: Spectral power and fractal dimension: Methodological comparison in a sample of normal sleepers and chronic insomniacs</td>
<td>Kronholm, Erkki; Virkkala, Jussi; Kaerki, Tarmo; et al.</td>
<td>SLEEP AND BIOLOGICAL RHYTHMS</td>
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<td>12. Title: Effects of cumulative partial sleep deprivation on cognitive functions</td>
<td>Haavisto, M.; Virkkala, J.; Harma, M.; et al.</td>
<td>SLEEP RESEARCH</td>
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<td>13. Title: Scoring maintenance of wakefulness test with adaptive epoch length</td>
<td>Virkkala, J; Velin, R; Himanen, SL; et al.</td>
<td>SLEEP</td>
<td>24</td>
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<td>14. Title: The &quot;toughening&quot; phenomenon in rat's auditory organ</td>
<td>Pukkila, M; Zhai, S; Virkkala, J; et al.</td>
<td>ACTA OTO-LARYNGOLOGICA</td>
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<td>15. Title: Effect of hyperbaric oxygen treatment on permanent threshold shift in acoustic trauma among rats</td>
<td>Kuokkanen, J; Virkkala, J; Zhai, S; et al.</td>
<td>ACTA OTO-LARYNGOLOGICA</td>
<td>529</td>
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<td>16. Title: Using accelerometers as actigraphs</td>
<td>Virkkala, J.</td>
<td>JOURNAL OF SLEEP RESEARCH</td>
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<td>17. Title: Increased respiratory effort during sleep is non-invasively detected with movement sensor</td>
<td>Tenhunen, Mirja; Rauhala, Esa; Virkkala, Jussi; et al.</td>
<td>SLEEP AND BREATHING</td>
<td>15</td>
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18. **Title:** SELF-MONITORING COGNITIVE PERFORMANCE DURING SLEEP RESTRICTION AND RECOVERY DAYS  
**Author(s):** Sallinen, Mikael; Tirkkonen, Katrina; Onninen, Jussi; et al.  
**Source:** INTERNATIONAL JOURNAL OF BEHAVIORAL MEDICINE  
**Volume:** 17  
**Supplement:** 1  
**Pages:** 165-165  
**Published:** AUG 2010  
**Total Citations:** 0  
**Average Citations per Year:** 0.00

19. **Title:** Tracheal sound parameters of respiratory cycle phases show differences between flow-limited and normal breathing during sleep  
**Author(s):** Kulkas, A.; Huupponen, E.; Virkkala, J.; et al.  
**Source:** PHYSIOLOGICAL MEASUREMENT  
**Volume:** 31  
**Issue:** 3  
**Pages:** 427-438  
**Published:** MAR 2010  
**Total Citations:** 0  
**Average Citations per Year:** 0.00

20. **Title:** Change from 8-h shifts to 12-h shifts: effects on sleep and sleepiness  
**Author(s):** Sallinen, M.; Hakola, T.; Harma, M.; et al.  
**Conference:** 19th Congress of the European-Sleep-Research-Society  
**Location:** Glasgow, SCOTLAND  
**Date:** SEP 09-13, 2008  
**Sponsor(s):** European Sleep Res Soc  
**Source:** JOURNAL OF SLEEP RESEARCH  
**Volume:** 17  
**Pages:** 22-22  
**Published:** DEC 2008  
**Total Citations:** 0  
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21. **Title:** Restarting CPAP therapy after a previous failure  
**Author(s):** Bachour, A.; Kamarainen, J.; Virkkala, J.; et al.  
**Conference:** 19th Congress of the European-Sleep-Research-Society  
**Location:** Glasgow, SCOTLAND  
**Date:** SEP 09-13, 2008  
**Sponsor(s):** European Sleep Res Soc  
**Source:** JOURNAL OF SLEEP RESEARCH  
**Volume:** 17  
**Pages:** 146-147  
**Published:** DEC 2008  
**Total Citations:** 0  
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22. **Title:** Motor skill and verbal learning during a week with cumulative sleep loss and recovery sleep  
**Author(s):** Haavisto, M.; Virkkala, J.; Kalska, H.; et al.  
**Conference:** 19th Congress of the European-Sleep-Research-Society  
**Location:** Glasgow, SCOTLAND  
**Date:** SEP 09-13, 2008  
**Sponsor(s):** European Sleep Res Soc  
**Source:** JOURNAL OF SLEEP RESEARCH  
**Volume:** 17  
**Pages:** 267-267  
**Published:** DEC 2008  
**Total Citations:** 0  
**Average Citations per Year:** 0.00

23. **Title:** Visual and semi-automatic sleep stage scoring using only electro-oculography  
**Author(s):** Virkkala, J.; Velin, R.; Lapvetelainen, N.; et al.  
**Conference:** 22nd Annual Meeting of the Associated-Professional-Sleep-Societies  
**Location:** Baltimore, MD  
**Date:** JUN 07-12, 2008  
**Source:** SLEEP  
**Volume:** 31  
**Supplement:** S  
**Pages:** A333-A333  
**Meeting Abstract:** 1009  
**Published:** 2008  
**Total Citations:** 0  
**Average Citations per Year:** 0.00

24. **Title:** Automatic 24h estimation of wakefulness and sleep using electro-oculography  
**Author(s):** Virkkala, J.; Hasan, J.; VaRri, A.; et al.  
**Conference:** 21st Annual Meeting of the Association-Professional-Sleep-Societies  
**Location:** Minneapolis, MN  
**Date:** JUN 09-14, 2007  
**Source:** SLEEP  
**Volume:** 30  
**Supplement:** S  
**Pages:** A341-A342  
**Meeting Abstract:** 998  
**Published:** 2007  
**Total Citations:** 0  
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25. **Title:** Recovery of vigilance and multitask performance from cumulative sleep deprivation  
**Author(s):** Sallinen, M.; Haavisto, M.; Hublin, C.; et al.  
**Conference:** 18th Congress of the European-Sleep-Research-Society  
**Location:** Innsbruck, AUSTRIA  
**Date:** SEP 12-16, 2006  
**Sponsor(s):** European Sleep Res Soc  
**Total Citations:** 0  
**Average Citations per Year:** 0.00
1. Title: Changes in daytime heart rate variability after cumulative partial sleep deprivation  
Author(s): Van Leeuwen, W. M.; Haavisto, M.; Virkkala, J.; et al.  
Conference: 18th Congress of the European-Sleep-Research-Society  
Location: Innsbruck, AUSTRIA Date: SEP 12-16, 2006  
Sponsor(s): European Sleep Res Soc  

2. Title: Automatic sleep scoring system using two channel electro-oculography  
Author(s): Virkkala, J.; Hasan, J.; Varri, A.; et al.  
Conference: 18th Congress of the European-Sleep-Research-Society  
Location: Innsbruck, AUSTRIA Date: SEP 12-16, 2006  
Sponsor(s): European Sleep Res Soc  

3. Title: The effects of partial sleep debt, rest pauses and the following recovery sleep on higher cognitive functions  
Author(s): Sallinen, M; Hiltunen, J; Holm, A; et al.  
Conference: 19th Annual Meeting of the Associated-Professional-Sleep-Societies  
Location: Denver, CO Date: JUN 18-23, 2005  
Sponsor(s): Associated Profess Sleep Soc  

4. Title: Combining alpha attenuation test with pupillometry  
Author(s): Virkkala, J; Velin, R; Sallinen, M; et al.  
Conference: 19th Annual Meeting of the Associated-Professional-Sleep-Societies  
Location: Denver, CO Date: JUN 18-23, 2005  
Sponsor(s): Associated Profess Sleep Soc  
Source: SLEEP Volume: 28 Supplement: S Pages: A125-A125 Meeting Abstract: 368 Published: 2005

5. Title: The effects of partial sleep debt and the following recovery sleep on memory formation  
Author(s): Sallinen, M; Kalska, H; Muller, K; et al.  
Source: INTERNATIONAL JOURNAL OF PSYCHOPHYSIOLOGY Volume: 54 Issue: 1-2 Pages: 164-165 Published: SEP 2004

6. Title: The effect of partial sleep deprivation and work pace on subjective stress, catecholamines and heart rate during a 12-hour work shift among professional process operators  
Author(s): Harma, M; Sallinen, M; Holm, A; et al.  
Source: INTERNATIONAL JOURNAL OF PSYCHOPHYSIOLOGY Volume: 54 Issue: 1-2 Pages: 180-180 Published: SEP 2004

7. Title: Spindle frequency remains slow in sleep apnea patients throughout the night (vol 4, pg 229, 2003)  
Author(s): Himanen, SL; Virkkala, J; Huupponen, E; et al.  

8. Title: The maintenance of wakefulness test (MWT) and Epworth sleepiness scale (ESS) in railway transportation: Reference values and connection to dozing-off at work  
Author(s): Harma, M; Hublin, C; Sallinen, M; et al.  
Conference: 17th Annual Meeting of the Associated-Professional-Sleep-Societies  
Location: CHICAGO, ILLINOIS Date: JUN 03-08, 2003
### Sponsor(s):
Assoc Prof Sleep Soc

### Source:
SLEEP  
**Volume:** 26  
**Pages:** A388-A389  
**Published:** MAY 15, 2003

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9. **Title:** The effects of sleep debt and workload on alertness during a 12-h dayshift

**Author(s):** Sallinen, M; Harma, M; Luukkonen, R; et al.

**Conference:** 17th Annual Meeting of the Associated-Professional-Sleep-Societies

**Location:** CHICAGO, ILLINOIS  
**Date:** JUN 03-08, 2003

**Sponsor(s):** Assoc Prof Sleep Soc

**Source:** SLEEP  
**Volume:** 26  
**Pages:** A175-A175  
**Published:** MAY 15, 2003